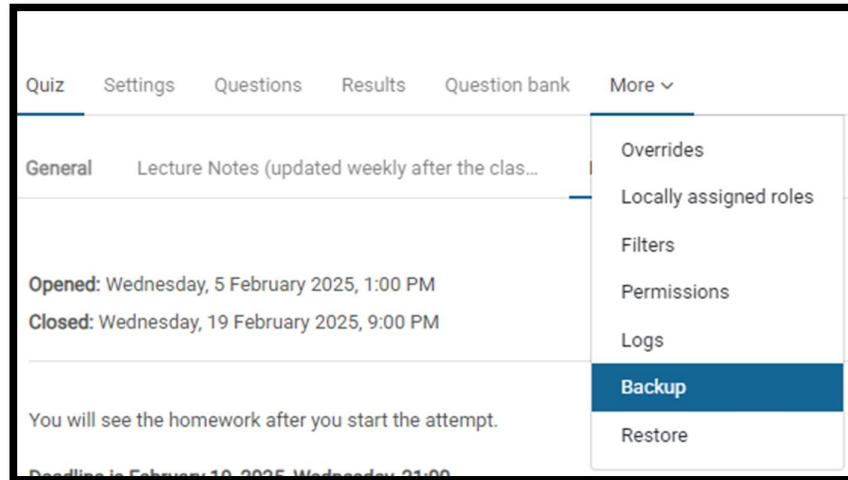
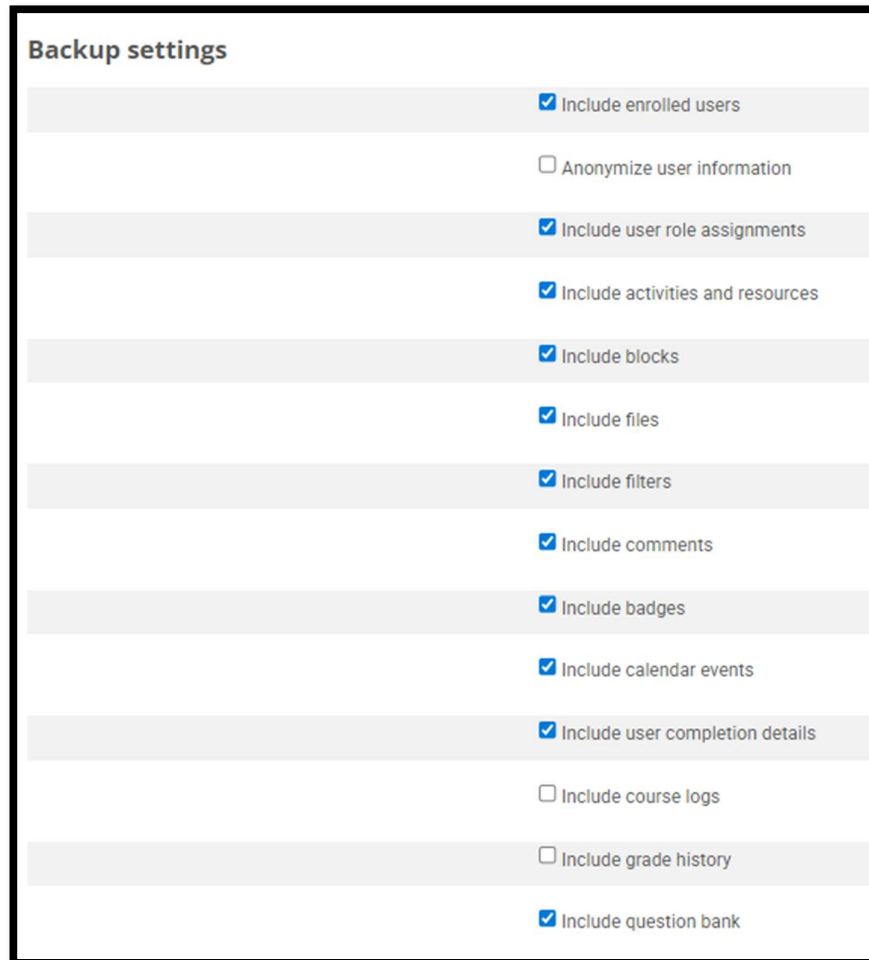


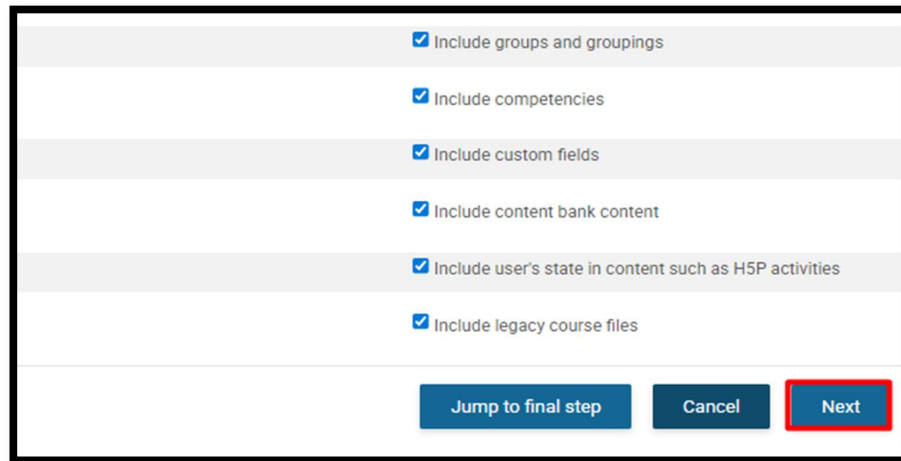
How can I backup an activity from old courses?

1. Go to the course site that you want to import materials to.
2. Clicking on the "quiz" that you want to copy to new course.
3. Clicking on "more" in the horizontal menu, and then selecting "bakcup" from the dropdown list.



4. On the page that opens, click on the "backup settings" needed and click "next" button.



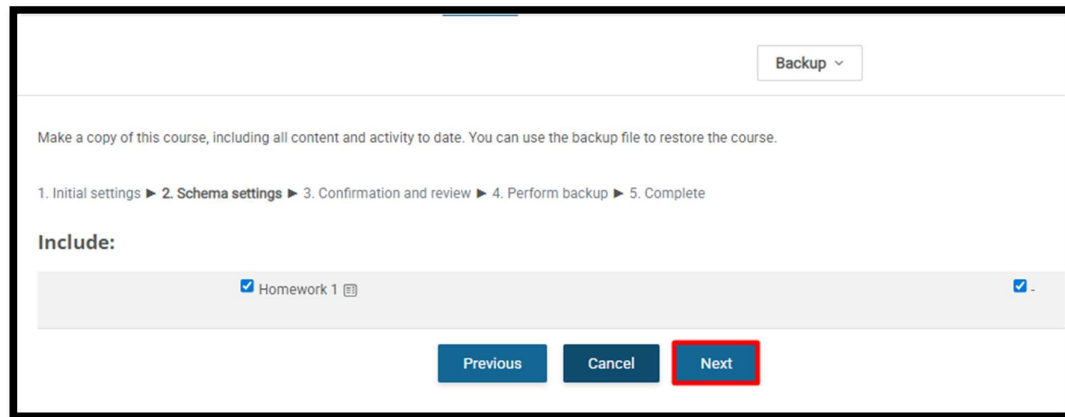


A screenshot of a web interface for configuring a backup. It features a list of seven items, each with a checked checkbox and a label: 'Include groups and groupings', 'Include competencies', 'Include custom fields', 'Include content bank content', 'Include user's state in content such as H5P activities', and 'Include legacy course files'. At the bottom right, there are three buttons: 'Jump to final step', 'Cancel', and 'Next'. The 'Next' button is highlighted with a red rectangular border.

☒	Include groups and groupings
☒	Include competencies
☒	Include custom fields
☒	Include content bank content
☒	Include user's state in content such as H5P activities
☒	Include legacy course files

[Jump to final step](#) [Cancel](#) [Next](#)

5. Once you see that the activity you want to copy is selected on the new page, click Next.



A screenshot of a web interface for confirming a backup. At the top right is a 'Backup' button with a dropdown arrow. Below it, a message states: 'Make a copy of this course, including all content and activity to date. You can use the backup file to restore the course.' A progress bar shows five steps: '1. Initial settings', '2. Schema settings' (highlighted), '3. Confirmation and review', '4. Perform backup', and '5. Complete'. Under the heading 'Include:', there is a list with one item, 'Homework 1', which has a checked checkbox on the left and a blue checkmark icon on the right. At the bottom, there are three buttons: 'Previous', 'Cancel', and 'Next'. The 'Next' button is highlighted with a red rectangular border.

[Backup](#) ▾

Make a copy of this course, including all content and activity to date. You can use the backup file to restore the course.

1. Initial settings ► 2. **Schema settings** ► 3. Confirmation and review ► 4. Perform backup ► 5. Complete

Include:

☒	Homework 1	☒
-------------------------------------	------------	-------------------------------------

[Previous](#) [Cancel](#) [Next](#)

6. Check all backup settings and click “perform backup” button.

1. Initial settings ► 2. Schema settings ► 3. Confirmation and review ► 4. Perform backup ► 5. Complete

Filename

Filename ❗ backup-moodle2-activity-305248-quiz305248-20251010-1!

Backup settings

Include enrolled users	✓
Anonymize user information	✗
Include user role assignments	✓
Include activities and resources	✓
Include blocks	✓
Include files	✓
Include filters	✓
Include comments	✓
Include badges	✓
Include calendar events	✓
Include user completion details	✓
Include course logs	✗
Include grade history	✗
Include question bank	✓
Include groups and groupings	✓
Include competencies	✓
Include custom fields	✓
Include content bank content	✓
Include user's state in content such as H5P activities	✓
Include legacy course files	✓

7. After the process is completed, download the activity in the "activity backup area" on the page that opens.

Use a backup file to restore a previous version of a course, or to create a new course.

Upload a backup file

Backup file ❗ [Choose a file...](#)


You can drag and drop files here to add them.

[Restore](#)

❗ Required

Activity backup area

Backup files for this activity.

Filename	Time	Size	Download	Restore
backup-moodle2-activity-305248-quiz305248-20251010-1501.mbz	Friday, 10 October 2025, 3:04 PM	23.8 MB	Download	Restore