



PSY360
ABNORMAL PSYCHOLOGY
FALL 2023-2024

Mon 12:40-13:30, FASS G049

Wed. 8:40-10:30, FASS 1008-1010

Instructor: Feyza Çorapçı

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Office hours: Wed., 14:00 – 15:00 or by appointment

TA: Duygu Yurt (duygu.yurt@sabanciuniv.edu)

Required Reading: There will be a reading packet for this course.

Abnormal Psychology course is an introductory survey for abnormality and psychopathology. We will review the symptoms and characteristics of various psychological disorders, discuss current research and controversies in the field, and briefly focus on the treatments of mental health problems. Throughout the course, we will look at major research issues as they relate to both the causal factors of each disorder and the efficacy of current treatments and interventions.

Objectives:

- ❖ Knowledge of the predominant features of specific psychological disorders, including characteristics of behavior, etiology, prevalence, and prognosis.
- ❖ To understand how our current knowledge of abnormal behavior can be applied to improve the lives of suffering individuals

COURSE REQUIREMENTS

1. **Attendance and Participation:** This is not a correspondence course or a “remote learning” course. It takes contact and a reasonable time to digest the course material. Course content will be presented in a highly interactive manner, using a combination of lecture, discussion, interactive activities, and video resources. This course requires you to do a fair amount of reading. It is important that you stay on top of the weekly reading assignments. You will benefit more from class discussions if you read the assigned materials before coming to class.
2. **Midterm and Final Exams:** There will be two midterm exams that will consist of multiple-choice and short-essay type questions. The exam will cover additional material presented in class. If you miss a class, it is your responsibility to make sure that you get the notes from a classmate. Students should not rely solely on lecture slides to prepare for exams. Final exam will be non-cumulative.
3. **Case Studies:** You will work on case study assignments with your peers in class and submit your answers to the questions about these case studies.
4. **Celebrity Presentation:** There are a number of celebrities who have been candid about their mental health problems and promoted mental health awareness. Students will form small groups of 2-3 peers and select a particular mental disorder being taught in class. This group will be responsible to investigate one celebrity figure with this particular problem (see below) and prepare a case study. The groups will be expected to present how this person might have developed this problem, how this person’s life has been impacted by the problems, and how this person has been promoting mental health awareness. (*PTSD: Lady Gaga; Attention deficit hyperactivity disorder (ADHD): Michael Phelps; Bipolar disorder: Mariah Carey; Depression: Glenn Close; Substance abuse: Elton John; Eating disorders: Alanis Morissette; Body dysmorphic disorder: Uma Thurman; OCD: Charlize Theron or David Beckham; Schizophrenia: John Nash; Borderline Personality Disorder: Angelina Jolie; Narcissistic Narcissistic Personality Disorder: Pablo Picasso; Cluster A Personality Disorder: Dali*)

Grading: Final grades will be computed based on the following criteria:

40% for Final Exam, 30% for Midterm Exam, 15% for Celebrity Report and Presentation, 15% Case studies

COURSE SCHEDULE*

	TOPIC
Oct 2	Introduction to the Course Review of Syllabus and Defining Abnormality (Attention: No class on Oct 4)
Oct 9-11	Historical and Modern Perspectives on Abnormality & Mental Health Care
Oct 12	Make up course
Oct 16-13	Assessing and Diagnosing Abnormality
Oct 23-25	Trauma & Anxiety Disorders
Oct 30-Nov 1	Obsessive Compulsive Disorder & Anxiety Disorders in Older Adults
Nov 6	Mood Disorders: Depressive Disorders and Bipolar Disorder
Nov 8	MIDTERM 1
Nov 13-15	Depressive Disorders and Bipolar Disorder (cont.)
Nov 20-22	Eating Disorders
Nov 27-29	Personality Disorders
Dec 4-6	Substance-Related Disorders
Dec 11	Sexual Variants, Abuse and Dysfunctions
Dec 13	MIDTERM 2
Dec 18-20	Schizophrenia and Other Psychotic Disorders
Dec 25-27	Review and Case Discussions
Jan 3	Field Trip to Bakırköy Prof. Dr. Mazhar Osman Psychiatry Hospital

**This schedule is tentative and may be changed by the instructor based on interest and need.*